



NSO,
St. Bede's College, Shimla (H.P)

Minutes of the Meeting (2025-2026)

A meeting was held for the organization of "INTERNATIONAL WORKSHOP ON OLYMPIC DAY (June 23, 2025) under the banner of "NSO" in the UGC Cell on June 20th, 2025 at 1.30 p.m. along with NSO members.

It was decided that the workshop will be at online mode and in collaboration with college UGC Cell. Duties were also assigned to members for arranging the resource persons and also to conduct the seminar in a systematic manner.

Following members were present:

1) Dr. Ashwani Kumar (NSO, Convener)

2) Dr. Reena Thakur (Member)

3) Mr. Bihari Lal Thakur (Member)

Sr. Rosily Jm

Officiating Principal
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Physical Education
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Minutes of the Meeting (2025-2026)

A meeting was held for the celebration of **National Sports Day: Sports Fest**, in the UGC Cell, on 23rd August, 2025 at 10.30 am with NSO members.

It was decided that the fest will be conducted from **August 29th to September 6th, 2025**. Day wise activities were decided. Duties were also assigned to teachers and student members for arranging the things to conduct the seminar in a systematic manner.

Following members were present:

- 1) Dr. Ashwani Kumar (NSO, Convener) *Ashwani*
- 2) Dr. Reena Thakur (Member) *Reena*
- 3) Mr. Bihari Lal Thakur (Member) *Bihari*
- 4) Miss Rakshita Chatuervedi (NSO, President) *Rakshita*
- 5) Miss Navya Mehta (NSO, Secretary) *Navya*

Sr. Rosily Jm

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Rakshita
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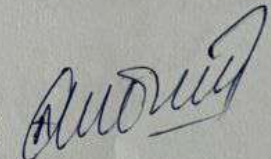

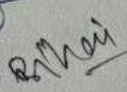
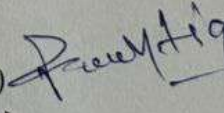
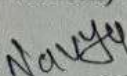
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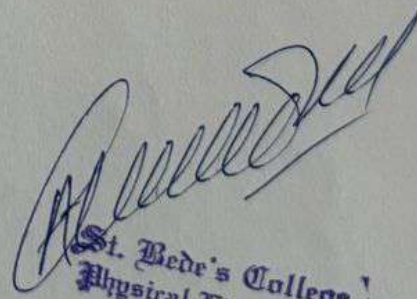
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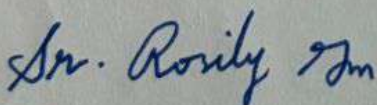
A meeting was held to organise an activity i.e. "Chalk Warriors vs BACK BENCH REBELS (Teachers vs Students Competition) under the banner of "NSO" in the UGC Cell on September 13th, 2025 at 1.30 p.m. along with NSO members.

September 17-18, 2025 dates were finalized for the programme. Duties were assigned to the teachers' in charge and student members for all the arrangements.

Following members were present:

- 4) Dr. Ashwani Kumar (NSO, Convener) 
- 5) Dr. Reena Thakur (Member) 
- 6) Mr. Bihari Lal Thakur (Member) 
- 7) Miss Rakshita Chatuervedi (NSO, President) 
- 8) Miss Navya Mehta (NSO, Secretary) 


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St. Bede's College, Shimla (H.P)

Minutes of the Meeting (2025-2026)

A meeting of the Physical Education Department, Zoology Department, & NCC Unit was held on October 14th, 2025, in the Principal office at 10.30 a.m. to organise "HEALTH AWARENESS SESSION THROUGH YOGA", October 16th, 2025 at college campus.

Following members were present:

- Dr. (Sr.) Rosily T.L (Principal) *Sr. Rosily T.L*
- 1) Dr. Ashwani Kumar (Phy. Edu. Deptt.) *Ashwani*
 - 2) Dr. Shweta Thakur (Zoology Department)
 - 3) Ms. Pallak Chandel (SUO) *Pallak*
 - 4) Ms. Rakshita Chaturvedi (NSO: President) *Rakshita*
 - 5) Ms. Navya Mehta (NSO: Secretary) *Navya*

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Minutes of the Meeting (2025-2026)

The meeting was held for the organization of "Intercollege Basketball Tournament" RKMV v/s St. Bede's College under the banner of "NSO" in the UGC Cell on November 15th, 2025 at 1.30 p.m. along with NSO members.

It was decided in the meeting that the tournament will be held on November 21st, 2025. Duties were also assigned to the teacher incharges and the student members to manage the things for the better execution of the programme.

Following members were present:

- 1) Dr. Ashwani Kumar (NSO, Convener) *Ashwani*
- 2) Dr. Reena Thakur (Member) *Reena*
- 3) Mr. Bihari Lal Thakur (Member) *Bihari*
- 4) Miss Rakshita Chatuervedi (NSO, President) *Rakshita*
- 5) Miss Navya Mehta (NSO, Secretary) *Navya*

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Ashwani
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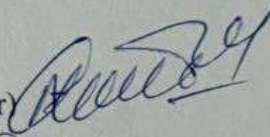
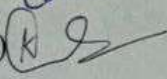
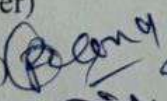
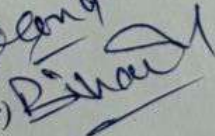
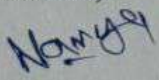
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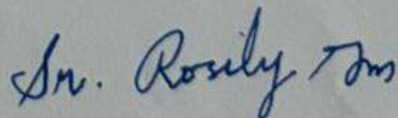
Minutes of the Meeting (2025-2026)

A meeting was held for the commemoration of "INTERNATIONAL MEDITATION DAY" in the UGC Cell on December 18th, 2025 at 10.30 a.m. with the members of Health club and NSO.

It was decided that the program will be held on 20th December, 2025 for college students. The duties were assigned to the concerned members to make all the arrangements.

Following members were present:

- 1) Dr. Ashwani Kumar (NSO, Convener) 
- 2) Dr. Kusum (Health Club, Convener) 
- 3) Dr. Vishal Chauhan (Member)
- 4) Dr. Reena Thakur (Member) 
- 5) Mr. Bihari Lal Thakur (Member) 
- 6) Miss Rakshita Chatuervedi (NSO, President)
- 7) Miss Navya Mehta (NSO, Secretary) 



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Minutes of the Meeting (2025-2026)

A meeting was held on March 09, 2026, with Physical Education Department, in the UGC Cell at 02.30 p.m. to organise "THREE DAYS INTERNATIONAL WORKSHOP ON RESEARCH METHODOLOGY" under the aegis of IQAC in collaboration with our MoU partners: World Society for Peace Sports, South Korea and Physical Education Foundation of India, on April 16, 18 & 20, 2026.

It was decided that the workshop will be at online mode. Duties were also assigned to the members for arranging the resource persons and also to conduct the seminar in a organised way.

Following members were present:

- 1) Dr. (Sr.) Rosily T.L (Principal)
- 2) Dr. Ashwani Kumar
- 3) Dr. Reena Thakur
- 4) Mr. Bihari Lal Thakur
- 5) Ms. Ridhima (CR)
- 6) Ms. Rakshita Chaturvedi
- 7) Ms. Navya

Sr. Rosily T.L

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[Signature]
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